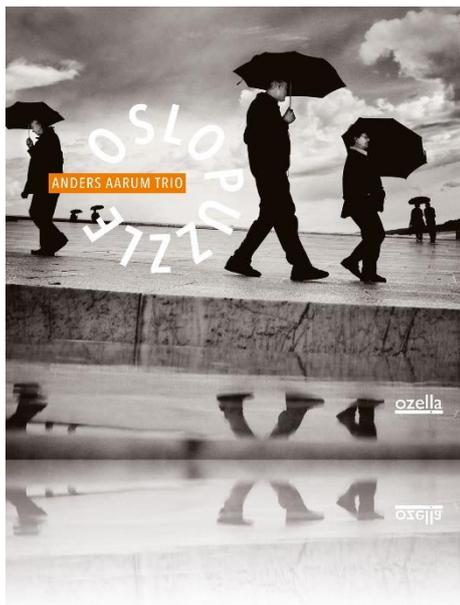


Norwegian Fakirs & Mental Battles

Anders Aarum Oslo Puzzle

Audio CD



The idea for the album came to Aarum after reading "Oslo originals" – a book about the fascinating residents from the Norwegian capital's history. Each track on the album, he decided, would paint a portrait of one of these personalities. Take "El Jucan", a tribute to Einar Olsen, who walked the streets as a fakir, swallowed swords, flames and glass and lay on a bed of nails.

In an inspiring twist of serendipity, the recording studio happened to be in the immediate vicinity of a mental hospital. This set the mood perfectly, as many of the personalities captured on the album battled with alcoholism and deteriorating psychological health.

The entire album, the first one by the current line-up of the trio after 15 years, was recorded in a single 1,5 hour short session. Thanks to this impressive achievement, the Anders Aarum trio are now originals as well. They, too, have now become part of the Oslo puzzle.

Short + Sweet:

After 15 years of waiting: Audio portraits of Oslo's tragic heroes by Norway's least Nordic piano trio.

Tracklist

1 Oslo Puzzle	4:19
2 El Jucan	4:44
3 The Wandering Lilly	3:28
4 Tune In, Drop Out!	5:14
5 Spaghetti Junction	5:01
6 Ivory Tower	5:46
7 Jason Paradisa & The Beautiful Fire	3:34
8 Subway Acrobat	4:59
9 Drachmann's Point Of View	3:52
10 Pata Paso	6:13

Musicians

ANDERS AARUM – piano
JENS FOSSUM – double bass
HERMUND NYGÅRD – drums

Recording and Engineering by Vidar Lunden at Musikkloftet Studios 30 May 2020
Mixed by Anders Aarum at Kruttrøyk Studios, Oslo
Mastered by Hans-Jörg Maucksch at Pauler Acoustics
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Artist Photos by Lillian Julsvik
Cover Design by Nina Sangenstedt

all Compositions by Anders Aarum.
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