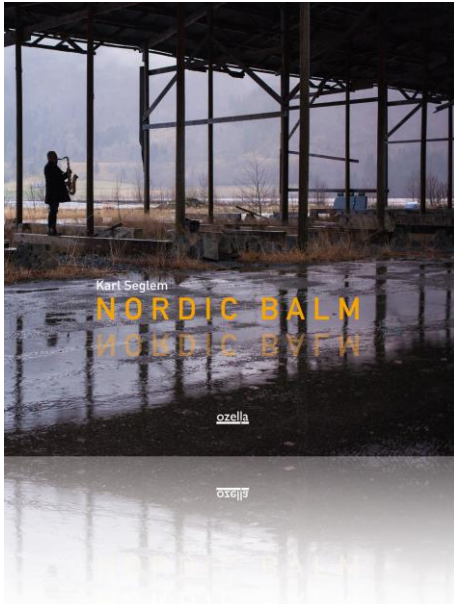


Audio CD

**Karl Seglem****Nordic Balm**

„Nordic Balm“ is the third studio album Norwegian saxophonist Karl Seglem recorded with his young Acoustic Quartet. It is exemplary for what it means when people talk about „magic“ in Jazz: discipline and freedom, trust and risk, feeling and energy. Plus: a lot of fun. Nine superb compositions celebrating the art of musical interaction.

Tracklist

01 Balsam	06:42
02 Lys i glaset	04:53
03 Eldblome	05:45
04 Myrull	05:40
05 Februargras	04:48
06 Ned dalen	05:13
07 Fjordskimr	04:17
08 Helgheim	04:57
09 Solhaug	04:43
Total time	47:09

Musicians

Karl Seglem - tenor saxophone,
goat horn, voice
Andreas Ulvo - piano
Sigurd Hole - bass
Jonas Howden Sjøvaag - drums,
percussion, throatvocals on Myrull

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(NORCD1779)
Produced by Karl Seglem
Recorded in Fattoria Musica Germany,
Jan. 5th-7th 2016
Mixed by Stephan van Wylik and Karl
Seglem
Mastered by Hans-Jörg Maucksch at
Pauler Acoustics, Germany

All music composed and arranged by
Karl Seglem Acoustic Quartet

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